



# Age On The Day League

## Age: 10 GIRLS

PBs from all Peak and Plain, Deva and Speedo club leagues, Celebration galas, Club Championships and Time Trials, and Open Galas. Relay times NOT included.

Upto and Including: Club champs 2008

### Back Stroke 50 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Shannon Friel	0.3964	07/07/2007	Derby Open	Derby Queens Pool
Eleanor Hesketh	0.3985	12/01/2008	North Mids	Biddulph
Sarah Elizabeth Mullings	0.4486	14/12/2002	Speedo	Horwich
Jessica Porter	0.4492	11/02/2006	Peak Plain	Sandbach Leisure Cen
Jessica Budd	0.4577	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Anna White	0.4652	08/06/2002	Peak Plain	Trafford
Hannah Rebecca Mullings	0.4666	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Emma Harrison	0.4692	12/10/2002	Speedo	Woolston
Megan Friel	0.4729	21/02/2004	Peak Plain	Macclesfield Leisure C
Eleanor Mia Boulton	0.4738	24/09/2005	Deva	Buckley (Connahs Qua
Caroline Helen Grasmeder	0.4773	23/02/2008	Peak Plain	Trafford
Vicki Barratt	0.4828	27/04/2002	Peak Plain	Alsager Leisure Centre
Rosalind E Walsh	0.4972	02/02/2008	Peak Plain	Buxton
Rachel Trussler	0.5005	04/04/2009	Cheetham Lambert	Macclesfield
Kate Dilworth	0.5071	21/04/2001	Peak Plain	
Emily Jevons	0.5188	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Frances Zoe Carson	0.5214	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Teresa Ingram	0.5262	30/06/2002	Peak & Plain Celebration Gala	Macclesfield
Chloe Gould	0.5272	05/04/2008	Cheetham Lambert	Macclesfield
Caroline Wilkie	0.5294	16/06/2007	Sharks Club Championships	Alsager MMU
Rachel Armstrong	0.5308	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Bethany Hughes	0.5331	12/01/2003	Peak Plain	Buxton
Megan Grace Walker	0.5333	09/06/2007	Peak Plain	Nantwich
Holly Ayers-Burgess	0.5346	29/06/2008	Sharks Club Championships	MMU Alsager
Charlotte Knight	0.5349	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Millie G Henderson	0.5419	11/10/2008	Speedo	Stretford Leisure Centr
Nicola Wellington	0.5465	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Sarah Wellington	0.5500	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Holly May Reid	0.5528	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Stephanie Eccles	0.5607	30/01/2005	Peak Plain	Alsager MMU
Florence Robinson	0.5620	16/06/2007	Sharks Club Championships	Alsager MMU
Hannah Mann	0.5679	16/06/2007	Sharks Club Championships	Alsager MMU
Iona Ellen MacRury	0.5729	29/04/2006	Peak Plain	Buxton
Victoria Dunn	0.5732	07/03/2009	Peak Plain	Congleton
Catherine L Cuttle	0.5787	29/06/2008	Sharks Club Championships	MMU Alsager
Emma Hardwick	0.5880	21/04/2001	Peak Plain	
Bronnen Mary Coles	0.5941	29/06/2008	Sharks Club Championships	MMU Alsager
Emma Elizabeth Vickers	0.5987	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen



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Rebecca Louise Thomas	1.0034	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Sophie Hardwick	1.0111	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Emma Saville	1.0116	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Clara Jayne Coppenhall	1.0861	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen

### Back Stroke 100 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Sarah Dickinson	1.1738	11/10/2008	Speedo	Stretford Leisure Centr
Hannah Rebecca Mullings	1.3341	20/03/2004	Cheshire County Champs	Macclesfield Leisure C

### Back Stroke 200 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Shannon Friel	3.1835	17/03/2007	Cheshire County Champs	Macclesfield



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Upto and Including: Club champs 2008

### Breast Stroke 50 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Sarah Goddard	0.4256	15/11/2003	Deva	Sandbach Leisure Cen ^ ^
Eleanor Hesketh	0.4700	30/06/2007	Peak & Plain Celebration Gala	Macclesfield
Kirsty Owen	0.4732	04/10/2000	Salt Ayr - Speedo	
Hannah Rebecca Mullings	0.4759	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen ^ ^
Nicola Wellington	0.4774	09/10/2004	Speedo	Europa, Birkenhead
Shannon Friel	0.4783	16/06/2007	Sharks Club Championships	Alsager MMU
Charlotte Knight	0.4831	12/04/2003	Cheetham Lambert	Macclesfield Leisure C ^ ^
Emma Rodaway	0.4886	11/02/2006	Peak Plain	Sandbach Leisure Cen ^ ^
Catrina Cody	0.5045	04/04/2009	Cheetham Lambert	Macclesfield
Bethany Hughes	0.5069	09/11/2002	Speedo	Sretford
Emma Harrison	0.5211	21/09/2002	Deva	Connah's Quay
Emily Head	0.5213	04/04/2009	Cheetham Lambert	Macclesfield
Rebecca Louise Thomas	0.5232	10/05/2003	Diddy Gala	Northwich
Charlotte Norville	0.5249	29/06/2008	Sharks Club Championships	MMU Alsager
Chloe Gould	0.5301	28/06/2008	Peak & Plain Celebration Gala	Macclesfield
Sarah Elizabeth Mullings	0.5325	06/07/2002	Eddie Anderson Celebration	Winsford
Eleanor Mia Boulton	0.5329	10/09/2005	Deva	Sandbach Leisure Cen ^ ^
Caroline Helen Grasmeder	0.5331	08/12/2007	Speedo	Europa pool
Natalie Eccles	0.5346	21/04/2001	Peak Plain	
Sarah Wellington	0.5462	10/09/2004	Speedo	Sretford
Emma Hardwick	0.5511	19/05/2001	Peak Plain	
Stephanie Eccles	0.5514	16/07/2005	Eddie Anderson Celebration	Winsford
Eva Pickup	0.5544	31/01/2009	Peak & Plain Celebration Gala	Nantwich
Nicole Taylor	0.5555	30/10/2004	Deva	Sandbach Leisure Cen ^ ^
Jessica Porter	0.5590	29/04/2006	Peak Plain	Buxton
Rosalind E Walsh	0.5605	02/02/2008	Peak Plain	Buxton
Holly May Reid	0.5610	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen ^ ^
Millie G Henderson	0.5625	07/03/2009	Peak Plain	Congleton
Teresa Ingram	0.5635	20/04/2002	Cheetham Lambert	Macclesfield Leisure C ^ ^
Megan Grace Walker	0.5654	12/05/2007	Peak Plain	Buxton
Megan Friel	0.5703	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen ^ ^
Jessica Budd	0.5728	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen ^ ^
Alannah Friend	0.5740	05/04/2008	Cheetham Lambert	Macclesfield
Emma Elizabeth Vickers	0.5769	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen ^ ^
Abigail Emma Hodgkinson	0.5772	22/05/2004	Peak Plain	Buxton
Frances Zoe Carson	0.5890	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen ^ ^
Sabrina Sumner	0.5905	23/02/2008	Peak Plain	Trafford
Hannah Mann	1.0068	16/06/2007	Sharks Club Championships	Alsager MMU



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Upto and Including: Club champs 2008

Rachel Armstrong	1.0108	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Bronnen Mary Coles	1.0258	29/06/2008	Sharks Club Championships	MMU Alsager
Holly Ayers-Burgess	1.0272	29/06/2008	Sharks Club Championships	MMU Alsager
Sophie Hardwick	1.0440	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Emma Saville	1.0641	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Clara Jayne Coppenhall	1.1926	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen

### Breast Stroke 100 Metre

Swimmer	P.B.	Achieved On	Achieved At	
Anna White	1.3295	09/11/2002	Speedo	Sretford
Hannah Rebecca Mullings	1.4585	10/01/2004	North Mids	Macclesfield Leisure C

### Breast Stroke 200 Metre

Swimmer	P.B.	Achieved On	Achieved At	
Hannah Rebecca Mullings	3.2617	29/05/2004	Inter Association	Broughton Pool, Salfor

### Butterfly 50 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Shannon Friel	0.4122	30/06/2007	Peak & Plain Celebration Gala	Macclesfield
Anna White	0.4270	14/12/2002	Speedo	Horwich
Eleanor Hesketh	0.4451	08/12/2007	Speedo	Europa pool
Emma Rodaway	0.4538	23/09/2006	Deva	Bebington
Hannah Rebecca Mullings	0.4570	22/05/2004	Peak Plain	Buxton
Stephanie Bell	0.4577	10/05/2009	Satellites of Macclesfield Open	Macclesfield
Emma Harrison	0.4664	19/01/2002	Peak Plain	Sandbach
Millie G Henderson	0.4809	07/03/2009	Peak Plain	Congleton
Vicki Barratt	0.5111	28/04/2002	Diddy Gala	Northwich
Abigail Emma Hodgkinson	0.5112	23/04/2005	Peak Plain	Nantwich
Sabrina Sumner	0.5133	02/02/2008	Peak Plain	Buxton
Jaime Lee	0.5165	29/04/2006	Peak Plain	Buxton
Charlotte Norville	0.5172	24/05/2008	Peak Plain	Macclesfield
Chloe Gould	0.5205	19/04/2008	Peak Plain	MMU Alsager
Sarah Gale	0.5336	21/04/2001	Peak Plain	
Stephanie Eccles	0.5465	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Sarah Elizabeth Mullings	0.5841	15/03/2002	Cheshire County Champs	Alsager
Rachel Armstrong	0.5911	10/05/2003	Diddy Gala	Northwich
Rachel Trussler	1.0130	14/03/2009	Peak Plain	Buxton
Holly May Reid	1.0338	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Rosalind E Walsh	1.0527	23/09/2007	Sheffield spoons	Sheffield Ponds Forge
Sophie Hardwick	1.0568	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen



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Upto and Including: Club champs 2008

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### **Butterfly 100 Metres**

<i>Swimmer</i>	<i>P.B.</i>	<i>Achieved On</i>	<i>Achieved At</i>	
Sarah Dickinson	1.1865	11/10/2008	Speedo	Stretford Leisure Centr ~



# Age On The Day League

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Upto and Including: Club champs 2008

### Freestyle 50 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Eleanor Hesketh	0.3429	23/09/2007	Sheffield spoons	Sheffiel Ponds Forge
Sarah Goddard	0.3462	14/06/2003	Peak & Plain Celebration Gala	Macclesfield Leisure C
Shannon Friel	0.3567	07/07/2007	Derby Open	Derby Queens Pool
Hannah Rebecca Mullings	0.3771	20/03/2004	Cheshire County Champs	Macclesfield Leisure C
Sarah Elizabeth Mullings	0.3777	14/12/2002	Speedo	Horwich
Stephanie Bell	0.3783	10/05/2009	Satellites of Macclesfield Open	Macclesfield
Megan Friel	0.3875	09/10/2004	Speedo	Europa, Birkenhead
Charlotte Norville	0.3890	28/06/2008	Peak & Plain Celebration Gala	Macclesfield
Jane Taylor	0.4006	23/04/2005	Peak Plain	Nantwich
Emma Harrison	0.4021	20/04/2002	Cheetham Lambert	Macclesfield Leisure C
Iona Ellen MacRury	0.4064	02/12/2006	Diddy Gala	PO Trophy Gala
Nicola Wellington	0.4072	10/09/2004	Speedo	Stretford
Emily Jevons	0.4135	15/01/2006	Peak Plain	Trafford
Anna White	0.4165	12/01/2003	Peak Plain	Buxton
Sabrina Sumner	0.4186	02/02/2008	Peak Plain	Buxton
Eleanor Mia Boulton	0.4233	23/04/2005	Peak Plain	Nantwich
Millie G Henderson	0.4238	10/01/2009	North Mids	Macclesfield
Rachel Trussler	0.4292	04/04/2009	Cheetham Lambert	Macclesfield
Emma Bottomley	0.4310	17/09/2006	Sheffield spoons	Ponds Forge - Sheffield
Sarah Gale	0.4338	21/04/2001	Peak Plain	
Georgia Parker Aiken	0.4388	04/04/2009	Cheetham Lambert	Macclesfield
Florence Robinson	0.4413	30/06/2007	Peak & Plain Celebration Gala	Macclesfield
Charlotte Knight	0.4415	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Bethany Hughes	0.4455	30/06/2002	Peak & Plain Celebration Gala	Macclesfield
Frances Zoe Carson	0.4499	10/05/2003	Diddy Gala	Northwich
Vicki Barratt	0.4506	28/04/2002	Diddy Gala	Northwich
Bronnen Mary Coles	0.4562	29/06/2008	Sharks Club Championships	MMU Alsager
Teresa Ingram	0.4604	04/05/2002	Peak Plain	Buxton
Jessica Budd	0.4626	21/02/2004	Peak Plain	Macclesfield Leisure C
Chloe Gould	0.4628	29/06/2008	Sharks Club Championships	MMU Alsager
Rosalind E Walsh	0.4646	28/10/2007	Open B Grade	Belper
Caroline Helen Grasmeder	0.4651	16/06/2007	Sharks Club Championships	Alsager MMU
Abigail Emma Hodgkinson	0.4716	30/10/2004	Deva	Sandbach Leisure Cen
Holly Ayers-Burgess	0.4749	29/06/2008	Sharks Club Championships	MMU Alsager
Hannah Mann	0.4796	09/06/2007	Peak Plain	Nantwich
Jessica Porter	0.4810	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Rachel Armstrong	0.4819	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Catherine L Cuttle	0.4859	29/06/2008	Sharks Club Championships	MMU Alsager





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Victoria Dunn	0.5068	14/03/2009	Peak Plain	Buxton
Emma Elizabeth Vickers	0.5150	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Rebecca Louise Thomas	0.5528	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Emma Saville	0.5608	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Clara Jayne Coppenhall	1.0414	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Mollie Dale	1.0581	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen

### Freestyle 100 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Eleanor Hesketh	1.1802	08/12/2007	Speedo	Europa pool
Hannah Rebecca Mullings	1.2510	06/03/2004	Cheshire County Champs	Stockport Central Pool
Shannon Friel	1.2576	16/06/2007	Sharks Club Championships	Alsager MMU
Jessica Budd	1.4182	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Florence Robinson	1.4418	16/06/2007	Sharks Club Championships	Alsager MMU
Eleanor Mia Boulton	1.4622	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Stephanie Eccles	1.5079	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Nicola Wellington	1.5357	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Sophie Hardwick	1.5434	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Caroline Wilkie	1.5654	16/06/2007	Sharks Club Championships	Alsager MMU
Holly May Reid	1.5994	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Sarah Wellington	2.0508	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen

### Freestyle 200 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Hannah Rebecca Mullings	2.5233	30/05/2004	Inter Association	Broughton Pool, Salfor
Shannon Friel	3.1039	18/03/2007	Cheshire County Champs	Macclesfield

### Freestyle 400 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Hannah Rebecca Mullings	5.5749	31/05/2004	Inter Association	Broughton Pool, Salfor



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Upto and Including: Club champs 2008

### Individual Medley 100 M

Swimmer	P.B.	Achieved On	Achieved At	
Emma Rodaway	1.2964	20/04/2006	Derby Open	Derby
Shannon Friel	1.3124	16/06/2007	Sharks Club Championships	Alsager MMU
Eleanor Hesketh	1.3345	16/06/2007	Sharks Club Championships	Alsager MMU
Hannah Rebecca Mullings	1.3454	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Charlotte Norville	1.4359	29/06/2008	Sharks Club Championships	MMU Alsager
Eleanor Mia Boulton	1.4888	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Jessica Budd	1.4893	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Frances Zoe Carson	1.4929	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Megan Friel	1.4968	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Jessica Porter	1.5322	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Caroline Helen Grasmeder	1.5350	16/06/2007	Sharks Club Championships	Alsager MMU
Emily Jevons	1.5356	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Millie G Henderson	1.5482	29/06/2008	Sharks Club Championships	MMU Alsager
Holly Ayers-Burgess	1.5638	29/06/2008	Sharks Club Championships	MMU Alsager
Rachel Armstrong	1.5785	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen
Catherine L Cuttle	1.5795	29/06/2008	Sharks Club Championships	MMU Alsager
Rosalind E Walsh	1.5825	28/10/2007	Open B Grade	Belper
Florence Robinson	2.0039	16/06/2007	Sharks Club Championships	Alsager MMU
Emma Saville	2.0248	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Emma Elizabeth Vickers	2.0261	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Caroline Wilkie	2.0381	16/06/2007	Sharks Club Championships	Alsager MMU
Nicola Wellington	2.0396	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Holly May Reid	2.0427	13/04/2004	Sharks Club Championships	Sandbach Leisure Cen
Sophie Hardwick	2.0515	21/05/2005	Sharks Club Championships	Sandbach Leisure Cen
Clara Jayne Coppenhall	2.2700	05/04/2003	Sharks Club Championships	Sandbach Leisure Cen