



# Age On The Day League

## Age: 12 GIRLS

PBs from all Peak and Plain, Deva and Speedo club leagues, Celebration galas, Club Championships and Time Trials, and Open Galas. Relay times NOT included.

Upto and Including: Club champs 2008

### Back Stroke 50 Metres

Swimmer	P.B.	Achieved On	Achieved At
Sarah Lowden	0.3404	01/12/2001	Speedo Broughton
Rochelle M Ollier	0.3504	23/02/2008	Peak Plain Trafford
Megan Friel	0.3595	13/01/2007	North Mids Biddulph
Katie Elizabeth Herd	0.3799	01/09/2000	Stkprt Metro Mini Rnd 5+6
Sarah Elizabeth Mullings	0.3817	27/11/2004	Deva Whitchurch
Leanne Mather	0.3906	02/12/2000	Salt Ayr - Speedo
Jessica Porter	0.3979	19/04/2008	Peak Plain MMU Alsager
Eleanor White	0.3989	16/09/2001	Deva
Anna White	0.4016	13/04/2004	Sharks Club Championships Sandbach Leisure C
Emily Jevons	0.4070	12/01/2008	North Mids Biddulph
Emma Rodaway	0.4138	29/06/2008	Sharks Club Championships MMU Alsager
Jessica Budd	0.4148	11/02/2006	Peak Plain Sandbach Leisure C
Rosalind E Walsh	0.4200	23/01/2010	North Mids Macclesfield
Emma Bottomley	0.4267	24/01/2009	North Mids Macclesfield
Alexandra Brown	0.4327	30/10/2004	Deva Sandbach Leisure C
Emily Griffiths	0.4368	30/01/2005	Peak Plain Alsager MMU
Caroline Helen Grasmeder	0.4426	14/11/2009	National Swimming League Stretford Leisure Ce
Frances Zoe Carson	0.4459	21/05/2005	Sharks Club Championships Sandbach Leisure C
Jessica Janet White	0.4562	13/01/2007	North Mids Biddulph
Melissa Taylor	0.4592	13/04/2004	Sharks Club Championships Sandbach Leisure C
Natalie Eccles	0.4711	16/11/2002	Deva Winsford
Charlotte Knight	0.4735	21/05/2005	Sharks Club Championships Sandbach Leisure C
Anna K Mitchyn	0.4766	29/06/2008	Sharks Club Championships MMU Alsager
Ailsh Foy	0.4800	07/03/2009	Peak Plain Congleton
Sarah Victoria Snape	0.4905	09/03/2003	Peak Plain Nantwich
Shannon Bradley	0.4952	31/01/2009	Peak & Plain Celebration Gal Nantwich
Sarah Peart	0.4999	29/06/2008	Sharks Club Championships MMU Alsager
Lauren Louise Mellor	0.5069	29/06/2008	Sharks Club Championships MMU Alsager
Stephanie Helm-Grovas	0.5142	19/01/2002	Peak Plain Sandbach
Catherine Nurse	0.5177	13/04/2004	Sharks Club Championships Sandbach Leisure C
Emma Saville	0.5475	16/06/2007	Sharks Club Championships Alsager MMU
Emma Hardwick	0.5895	05/04/2003	Sharks Club Championships Sandbach Leisure C



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### Back Stroke 100 Metres

<i>Swimmer</i>	<i>P.B.</i>	<i>Achieved On</i>	<i>Achieved At</i>	
Megan Friel	1.1930	27/01/2007	North Mids	Macclesfield
Sarah Lowden	1.2000	13/10/2001	Speedo	Widnes
Sarah Elizabeth Mullings	1.2482	10/01/2004	North Mids	Macclesfield Leisure Centre
Rosalind E Walsh	1.2725	24/01/2010	North Mids	Macclesfield
Emma Bottomley	1.3293	13/12/2008	Speedo	Salt Ayre Lancs
Jessica Porter	1.3333	28/10/2007	Open B Grade	Belper
Emily Jevons	1.3446	08/12/2007	Speedo	Europa pool

### Back Stroke 200 Metres

<i>Swimmer</i>	<i>P.B.</i>	<i>Achieved On</i>	<i>Achieved At</i>	
Sarah Elizabeth Mullings	2.5192	29/05/2004	Inter Association	Broughton Pool, Salford
Rosalind E Walsh	3.1746	14/06/2009	Sharks Club Championships	MMU Alsager



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Upto and Including: Club champs 2008

### Breast Stroke 50 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Rochelle M Ollier	0.3974	10/11/2007	Speedo	Holywell
Hannah Rebecca Mullings	0.4082	08/07/2006	Open Level 3	City of Liverpool
Katie Elizabeth Herd	0.4199	01/09/2000	Stkprt Metro Mini Rnd 5+6	
Emma Rodaway	0.4200	29/06/2008	Sharks Club Championships	MMU Alsager
Megan Friel	0.4378	27/01/2007	North Mids	Macclesfield
Charlotte Knight	0.4387	21/05/2005	Sharks Club Championships	Sandbach Leisure C
Sarah Elizabeth Mullings	0.4398	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Leanne Mather	0.4413	07/07/2001	Peak Plain	
Kirsty Owen	0.4431	17/11/2001	Deva	Wrexham
Jessica Porter	0.4632	19/04/2008	Peak Plain	MMU Alsager
Rachel Hancock	0.4654	19/01/2002	Peak Plain	Sandbach
Caroline Helen Grasmeyer	0.4818	14/11/2009	National Swimming League	Stretford Leisure Ce
Melissa Taylor	0.4821	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Rosalind E Walsh	0.4826	18/10/2009	Deva	Chirk
Anna White	0.4866	30/10/2004	Deva	Sandbach Leisure C
Natalie Eccles	0.4868	09/11/2002	Speedo	Sretford
Frances Zoe Carson	0.4874	21/05/2005	Sharks Club Championships	Sandbach Leisure C
Sarah Victoria Snape	0.5028	05/04/2003	Sharks Club Championships	Sandbach Leisure C
Leah Francis	0.5110	16/06/2007	Sharks Club Championships	Alsager MMU
Emma Hardwick	0.5143	22/11/2003	Deva	Sandbach Leisure C
Catherine Nurse	0.5158	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Alexandra Brown	0.5169	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Lauren Louise Mellor	0.5176	29/06/2008	Sharks Club Championships	MMU Alsager
Sarah Peart	0.5241	29/06/2008	Sharks Club Championships	MMU Alsager
Jessica Budd	0.5248	30/04/2005	Cheetham Lambert	Macclesfield Leisure
Shannon Bradley	0.5290	29/06/2008	Sharks Club Championships	MMU Alsager
Mollie Dale	0.5445	19/05/2007	Peak Plain	Knutsford
Jessica Janet White	0.5457	27/01/2007	North Mids	Macclesfield
Emily Jevons	0.5628	16/06/2007	Sharks Club Championships	Alsager MMU
Joanne Saville	0.5641	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Emma Saville	0.5855	16/06/2007	Sharks Club Championships	Alsager MMU
Anna K Mitchyn	1.0165	29/06/2008	Sharks Club Championships	MMU Alsager



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Upto and Including: Club champs 2008

### **Breast Stroke 100 Metre**

<i>Swimmer</i>	<i>P.B.</i>	<i>Achieved On</i>	<i>Achieved At</i>	
Hannah Rebecca Mullings	1.2822	09/07/2006	Open Level 3	City of Liverpool
Emma Rodaway	1.3190	10/05/2008	Satellites of Macclesfield Op	Macclesfield
Sarah Elizabeth Mullings	1.3303	13/03/2004	Cheshire County Champs	Macclesfield Leisure Centre
Eleanor White	1.3920	13/10/2001	Speedo	Widnes
Frances Zoe Carson	1.4038	07/05/2005	Satellites of Macclesfield Op	Macclesfield
Rosalind E Walsh	1.4491	23/01/2010	North Mids	Macclesfield
Jessica Porter	1.4618	08/12/2007	Speedo	Europa pool

### **Breast Stroke 200 Metre**

<i>Swimmer</i>	<i>P.B.</i>	<i>Achieved On</i>	<i>Achieved At</i>	
Emma Rodaway	3.1022	26/04/2008	Derby Open	Queens
Hannah Rebecca Mullings	3.1351	20/04/2006	Derby Open	Derby



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Upto and Including: Club champs 2008

### Butterfly 50 Metres

Swimmer	P.B.	Achieved On	Achieved At
Rochelle M Ollier	0.3434	23/02/2008	Peak Plain Trafford
Katie Elizabeth Herd	0.3461	01/09/2000	Stkprt Metro Mini Rnd 5+6
Emma Rodaway	0.3707	29/06/2008	Sharks Club Championships MMU Alsager
Frances Zoe Carson	0.3722	16/07/2005	Eddie Anderson Celebration Winsford
Sarah Elizabeth Mullings	0.3743	13/04/2004	Sharks Club Championships Sandbach Leisure C
Anna White	0.3750	09/10/2004	Speedo Europa, Birkenhead
Megan Friel	0.3842	17/09/2006	Sheffield spoons Ponds Forge - Sheffi
Leanne Mather	0.3966	07/07/2001	Peak Plain
Rosalind E Walsh	0.3993	24/01/2010	North Mids Macclesfield
Sarah Gale	0.4562	21/09/2002	Deva Connah's Quay
Charlotte Knight	0.4664	21/05/2005	Sharks Club Championships Sandbach Leisure C
Catherine Nurse	0.4745	13/04/2004	Sharks Club Championships Sandbach Leisure C
Melissa Taylor	0.4794	22/11/2003	Deva Sandbach Leisure C
Natalie Eccles	0.4833	05/04/2003	Sharks Club Championships Sandbach Leisure C
Jessica Porter	0.4837	16/06/2007	Sharks Club Championships Alsager MMU
Caroline Helen Grasmeder	0.4876	12/12/2009	National Swimming League Kendal
Sarah Peart	0.4926	29/06/2008	Sharks Club Championships MMU Alsager
Anna K Mitchyn	0.4952	29/06/2008	Sharks Club Championships MMU Alsager
Jessica Janet White	0.4962	31/03/2007	Cheshire County Champs Macclesfield
Emily Jevons	0.5113	16/06/2007	Sharks Club Championships Alsager MMU
Emma Bottomley	0.5231	29/06/2008	Sharks Club Championships MMU Alsager
Lauren Louise Mellor	0.5696	29/06/2008	Sharks Club Championships MMU Alsager
Stephanie Eccles	0.5802	02/12/2006	Diddy Gala PO Trophy Gala
Emma Saville	0.5805	16/06/2007	Sharks Club Championships Alsager MMU
Shannon Bradley	0.5827	29/06/2008	Sharks Club Championships MMU Alsager
Joanne Saville	0.5989	13/04/2004	Sharks Club Championships Sandbach Leisure C
Emma Hardwick	1.0109	05/04/2003	Sharks Club Championships Sandbach Leisure C
Alexandra Brown	1.0300	13/04/2004	Sharks Club Championships Sandbach Leisure C

### Butterfly 100 Metres

Swimmer	P.B.	Achieved On	Achieved At
Katie Elizabeth Herd	1.1735	02/12/2000	Salt Ayr - Speedo
Emma Rodaway	1.2488	10/05/2008	Satellites of Macclesfield Op Macclesfield
Frances Zoe Carson	1.3423	09/10/2004	Speedo Europa, Birkenhead
Rosalind E Walsh	1.4599	12/07/2009	Open Level 3 Biddulph



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Upto and Including: Club champs 2008

### Freestyle 50 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Rochelle M Ollier	0.2968	26/01/2008	North Mids	Macclesfield L c
Sarah Elizabeth Mullings	0.3129	27/11/2004	Deva	Whitchurch
Rachel Havelock	0.3146	16/07/2005	Eddie Anderson Celebration	Winsford
Katie Elizabeth Herd	0.3212	02/12/2000	Salt Ayr - Speedo	
Megan Friel	0.3285	27/01/2007	North Mids	Macclesfield
Hannah Rebecca Mullings	0.3388	09/07/2006	Open Level 3	City of Liverpool
Anna White	0.3416	11/12/2004	Speedo	Biddulph
Emma Rodaway	0.3440	19/04/2008	Peak Plain	MMU Alsager
Eleanor White	0.3475	19/05/2001	Peak Plain	
Rosalind E Walsh	0.3496	22/11/2009	Open Level 3	Macclesfield
Frances Zoe Carson	0.3513	19/03/2005	Cheshire County Champs	Macclesfield Leisure Centre
Emily Jevons	0.3553	23/09/2007	Sheffield spoons	Sheffield Ponds Forg
Jessica Porter	0.3578	05/04/2008	Cheetham Lambert	Macclesfield
Sarah Lowden	0.3613	07/07/2001	Peak Plain	
Jessica Janet White	0.3793	31/03/2007	Cheshire County Champs	Macclesfield
Emma Bottomley	0.3837	10/01/2009	North Mids	Macclesfield
Sarah Gale	0.3838	09/11/2002	Speedo	Sretford
Melissa Taylor	0.3915	08/11/2003	Speedo	Widnes
Caroline Helen Grasmeder	0.3945	18/10/2009	Deva	Chirk
Ailsh Foy	0.3978	31/01/2009	Peak & Plain Celebration Gal	Nantwich
Natalie Eccles	0.4409	06/07/2002	Eddie Anderson Celebration	Winsford



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### Freestyle 100 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Rochelle M Ollier	1.0500	26/01/2008	North Mids	Macclesfield L c
Katie Elizabeth Herd	1.0787	09/06/2001	Macclesfield	
Sarah Elizabeth Mullings	1.0978	06/03/2004	Cheshire County Champs	Stockport Central Po
Rachel Havelock	1.1206	10/09/2005	Deva	Sandbach Leisure C
Hannah Rebecca Mullings	1.1398	11/03/2006	Cheshire County Champs	Macclesfield Leisure
Emma Rodaway	1.1526	10/05/2008	Satellites of Macclesfield Op	Macclesfield
Megan Friel	1.1538	09/07/2006	Open Level 3	City of Liverpool
Rosalind E Walsh	1.1652	09/01/2010	North Mids	Macclesfield
Jessica Porter	1.1785	10/05/2008	Satellites of Macclesfield Op	Macclesfield
Anna White	1.1946	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Frances Zoe Carson	1.2008	07/05/2005	Satellites of Macclesfield Op	Macclesfield
Emily Jevons	1.2357	16/06/2007	Sharks Club Championships	Alsager MMU
Alexandra Brown	1.2978	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Jessica Budd	1.3066	21/05/2005	Sharks Club Championships	Sandbach Leisure C
Caroline Helen Grasmeder	1.3094	21/06/2009	Sharks Club Championships	MMU Alsager
Emma Bottomley	1.3110	29/06/2008	Sharks Club Championships	MMU Alsager
Leah Francis	1.3280	16/06/2007	Sharks Club Championships	Alsager MMU
Charlotte Knight	1.3453	21/05/2005	Sharks Club Championships	Sandbach Leisure C
Natalie Eccles	1.3560	05/04/2003	Sharks Club Championships	Sandbach Leisure C
Melissa Taylor	1.3584	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Lauren Louise Mellor	1.3807	29/06/2008	Sharks Club Championships	MMU Alsager
Sarah Peart	1.3879	29/06/2008	Sharks Club Championships	MMU Alsager
Catherine Nurse	1.3996	13/04/2004	Sharks Club Championships	Sandbach Leisure C
Anna K Mitchyn	1.4432	29/06/2008	Sharks Club Championships	MMU Alsager
Emma Hardwick	1.5533	05/04/2003	Sharks Club Championships	Sandbach Leisure C
Emma Saville	1.5739	16/06/2007	Sharks Club Championships	Alsager MMU
Shannon Bradley	1.5755	29/06/2008	Sharks Club Championships	MMU Alsager

### Freestyle 200 Metres

Swimmer	P.B.	Achieved On	Achieved At	
Katie Elizabeth Herd	2.3086	01/09/2000	Stkprt Metro Mini Rnd 5+6	
Hannah Rebecca Mullings	2.3332	12/03/2006	Cheshire County Champs	Macclesfield
Sarah Elizabeth Mullings	2.3640	10/01/2004	North Mids	Macclesfield Leisure
Rosalind E Walsh	2.4676	24/01/2010	North Mids	Macclesfield
Jessica Porter	2.4818	10/05/2008	Satellites of Macclesfield Op	Macclesfield



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### Freestyle 400 Metres

Swimmer	P.B.	Achieved On	Achieved At
Katie Elizabeth Herd	5.0099	09/06/2001	Macclesfield
Sarah Elizabeth Mullings	5.2315	30/05/2004	Inter Association Broughton Pool, Salford

### Individual Medley 100 M

Swimmer	P.B.	Achieved On	Achieved At
Rochelle M Ollier	1.1577	19/04/2008	Peak Plain MMU Alsager
Katie Elizabeth Herd	1.2060	01/08/2000	Stkprt Metro Mini Rnd 3+4
Sarah Elizabeth Mullings	1.2126	13/04/2004	Sharks Club Championships Sandbach Leisure C
Megan Friel	1.2170	28/01/2007	North Mids Macclesfield
Emma Rodaway	1.2194	29/06/2008	Sharks Club Championships MMU Alsager
Hannah Rebecca Mullings	1.2273	08/07/2006	Open Level 3 City of Liverpool
Anna White	1.2731	13/04/2004	Sharks Club Championships Sandbach Leisure C
Rosalind E Walsh	1.2789	09/01/2010	North Mids Macclesfield
Frances Zoe Carson	1.2975	21/05/2005	Sharks Club Championships Sandbach Leisure C
Charlotte Knight	1.3366	21/05/2005	Sharks Club Championships Sandbach Leisure C
Jessica Porter	1.3615	16/06/2007	Sharks Club Championships Alsager MMU
Melissa Taylor	1.3754	13/04/2004	Sharks Club Championships Sandbach Leisure C
Alexandra Brown	1.3820	13/04/2004	Sharks Club Championships Sandbach Leisure C
Caroline Helen Grasmeder	1.3941	21/06/2009	Sharks Club Championships MMU Alsager
Sarah Peart	1.3943	29/06/2008	Sharks Club Championships MMU Alsager
Natalie Eccles	1.4086	05/04/2003	Sharks Club Championships Sandbach Leisure C
Catherine Nurse	1.4301	13/04/2004	Sharks Club Championships Sandbach Leisure C
Anna K Mitchyn	1.4324	29/06/2008	Sharks Club Championships MMU Alsager
Lauren Louise Mellor	1.4379	29/06/2008	Sharks Club Championships MMU Alsager
Emma Saville	1.5175	16/06/2007	Sharks Club Championships Alsager MMU
Emma Hardwick	1.5400	05/04/2003	Sharks Club Championships Sandbach Leisure C
Joanne Saville	1.5511	13/04/2004	Sharks Club Championships Sandbach Leisure C

### Individual Medley 200 M

Swimmer	P.B.	Achieved On	Achieved At
Katie Elizabeth Herd	2.4219	10/06/2001	Macclesfield
Hannah Rebecca Mullings	2.5341	11/03/2006	Cheshire County Champs Macclesfield Leisure Centre
Rosalind E Walsh	3.1099	23/01/2010	North Mids Macclesfield





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### **Individual Medley 400 M**

<i>Swimmer</i>	<i>P.B.</i>	<i>Achieved On</i>	<i>Achieved At</i>	
Sarah Elizabeth Mullings	6.0643	14/03/2004	Cheshire County Champs	Europa Pools, Birkenhead