

## Girls Short Course Record Holders

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Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	36.06	Emily Williams	16-Oct-10	Deva
200 Metres	Freestyle	3.00.81	Sarah Goddard	08-Mar-03	Stockport
50 Metres	Back Stroke	41.59	Sammy Smith	17-Jun-10	club champs
100 Metres	Back Stroke	1.28.63	Sarah Goddard	22-Mar-03	Stockport
200 Metres	Back Stroke	3.42.41	Olivia Capper	30-Oct-10	winsford
50 Metres	Breast Stroke	44.83	Sarah Goddard	08-Mar-03	Stockport
100 Metres	Breast Stroke	1.40.01	Sarah Goddard	15-Mar-03	Stockport
200 Metres	Breast Stroke	3.31.40	Sarah Goddard	08-Feb-03	Macclesfield
50 Metres	Butterfly	41.67	Emily Williams	23-Jan-11	Macclesfield
100 Metres	Butterfly	1.46.32	Sarah Goddard	22-Mar-03	Stockport
100 Metres	Individual Medley	1.27.02	Sarah Goddard	15-Mar-03	Stockport
200 Metres	Individual Medley	3.18.27	Sarah Goddard	11-Jan-03	Macclesfield
<b>10 yrs</b>					
Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	33.29	Emily Williams	19-Nov-11	Deva
100 Metres	Freestyle	1.14.30	Emily Williams	03-Dec-11	warrington
200 Metres	Freestyle	2.39.52	Emily Williams	21-Jan-12	Macclesfield
400 Metres	Freestyle	5.54.49	Hannah Rebecca Mullings	31-May-04	salford
50 Metres	Back Stroke	37.94	Samantha Smith	04-Jun-11	Stockport Metro
100 Metres	Back Stroke	1.17.38	Sarah Dickinson	11-Oct-08	Stretford Leisure Centre
200 Metres	Back Stroke	2.59.43	Alisha Amber Meakin	04-Jun-11	Sandbach
50 Metres	Breast Stroke	42.56	Sarah Goddard	15-Nov-03	Sandbach
100 Metres	Breast Stroke	1.32.95	Anna White	09-Nov-02	Sretford
200 Metres	Breast Stroke	3.26.17	Hannah Rebecca Mullings	29-May-04	Broughton Pool, Salford
50 Metres	Butterfly	31.97	Emily Williams	18-Jun-11	Stockport Metro
100 Metres	Butterfly	1.18.65	Sarah Dickinson	11-Oct-08	Stretford Leisure Centre
200 Metres	Butterfly	3.45.28	Alisha Amber Meakin	04-Jun-11	Sandbach
100 Metres	Individual Medley	1.23.81	Emily Williams	14-Jan-12	Macclesfield
200 Metres	Individual Medley	3.04.35	Alisha Amber Meakin	07-May-11	Stockport Metro
400 Metres	Individual Medley	7.03.14	Alisha Amber Meakin	30-Oct-10	winsford
<b>11 yrs</b>					
Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	30.78	Rochelle M Ollier	31-Mar-07	Macclesfield
100 Metres	Freestyle	1.09.76	Eleanor Hesketh	26-Apr-08	Queens
200 Metres	Freestyle	2.27.64	Rochelle M Ollier	18-Mar-07	Macclesfield
400 Metres	Freestyle	5:44.06	Emily Williams	23-Jun-12	club champs
800 Metres	Freestyle	13.10.20	Catriona Cody	25-Jun-10	Alsager MMU
1500 meters	Freestyle	25.44.63	Stephanie Bell	18-Jun-10	Alsager MMU
50 Metres	Back Stroke	35.77	Rochelle M Ollier	31-Mar-07	Macclesfield
100 Metres	Back Stroke	1.17.19	Rochelle M Ollier	17-Mar-07	Macclesfield
200 Metres	Back Stroke	3.01.71	Hannah Rebecca Mullings	12-Mar-05	Macclesfield Leisure Centre
50 Metres	Breast Stroke	42.27	Emily Head	08-May-10	nantwich
100 Metres	Breast Stroke	1.28.80	Hannah Rebecca Mullings	30-May-05	Broughton Pool, Salford
200 Metres	Breast Stroke	3.05.18	Hannah Rebecca Mullings	30-May-05	Broughton Pool, Salford
50 Metres	Butterfly	34.74	Katie Elizabeth Herd	29-Apr-00	
100 Metres	Butterfly	01:34.8	Emily Williams	14-Apr-12	cossacs
200 Metres	Butterfly	3.04.70	Stephanie Bell	20-Jun-10	Alsager MMU
100 Metres	Individual Medley	1.17.98	Rochelle M Ollier	18-Mar-07	Macclesfield
200 Metres	Individual Medley	2.51.98	Rochelle M Ollier	31-Mar-07	Macclesfield

400 Metres	Individual Medley	6.32	Bethany Willmott	05-May-12	wrexham
<b>12 yrs</b>					

Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	29.68	Rochelle M Ollier	26-Jan-08	Macclesfield L c
100 Metres	Freestyle	1.05.00	Rochelle M Ollier	26-Jan-08	Macclesfield L c
200 Metres	Freestyle	2.30.86	Katie Elizabeth Herd	01-Sep-00	
400 Metres	Freestyle	5.00.99	Katie Elizabeth Herd	09-Jun-01	
800 Metres	Freestyle	13.10.42	Millie G Henderson	25-Jun-10	Alsager MMU
1500 meters	Freestyle	25.36.32	Millie G Henderson	18-Jun-10	Alsager MMU
50 Metres	Back Stroke	35.78	Steph Bell	28-Nov-10	deva
100 Metres	Back Stroke	1.19.30	Megan Friel	27-Jan-07	Macclesfield
200 Metres	Back Stroke	2.51.92	Sarah Elizabeth Mullings	29-May-04	Broughton Pool, Salford
50 Metres	Breast Stroke	39.74	Rochelle M Ollier	10-Nov-07	Holywell
100 Metres	Breast Stroke	1.28.22	Hannah Rebecca Mullings	09-Jul-06	City of Liverpool
200 Metres	Breast Stroke	3.10.22	Emma Rodaway	26-Apr-08	Queens
50 Metres	Butterfly	34.34	Rochelle M Ollier	23-Feb-08	Trafford
100 Metres	Butterfly	1.17.35	Katie Elizabeth Herd	02-Dec-00	
200 Metres	Butterfly	3.17.97	Stephanie Bell	04-Jun-11	club champs
100 Metres	Individual Medley	1.15.77	Rochelle M Ollier	19-Apr-08	MMU Alsager
200 Metres	Individual Medley	2.42.19	Katie Elizabeth Herd	10-Jun-01	
400 Metres	Individual Medley	6.06.43	Sarah Elizabeth Mullings	14-Mar-04	Europa Pools, Birkenhead

<b>13 yrs</b>					
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Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	30.3	Rochelle M Ollier	06-Sep-08	Connahs Quay
100 Metres	Freestyle	1.05.92	Katie Elizabeth Herd	26-Jan-02	Macclesfield
200 Metres	Freestyle	2.26.96	Hannah Rebecca Mullings	18-Mar-07	Macclesfield
400 Metres	Freestyle	5.11.00	Hannah Rebecca Mullings	28-Jan-07	Macclesfield
800 Metres	Freestyle	12.01.69	Rosalind E Walsh	25-Jun-10	Alsager MMU
1500 meters	Freestyle	21.43.86	Emily Jevons	24-Jan-09	Macclesfield
50 Metres	Back Stroke	33.89	Megan Friel	30-Jun-07	Macclesfield
100 Metres	Back Stroke	1.13.72	Megan Friel	07-Jul-07	Derby Queens Pool
200 Metres	Back Stroke	2.43.41	Sarah Elizabeth Mullings	12-Mar-05	Macclesfield Leisure Centre
50 Metres	Breast Stroke	40.06	Hannah Rebecca Mullings	31-Mar-07	Macclesfield
100 Metres	Breast Stroke	1.25.23	Hannah Rebecca Mullings	17-Mar-07	Macclesfield
200 Metres	Breast Stroke	3.01.18	Jessica Porter	10-Jan-09	Macclesfield
50 Metres	Butterfly	33.35	Katie Elizabeth Herd	17-Nov-01	Wrexham
100 Metres	Butterfly	1.13.77	Katie Elizabeth Herd	17-Nov-01	Wrexham
200 Metres	Butterfly	3.49.53	Rosalind E Walsh	20-Jun-10	Alsager MMU
100 Metres	Individual Medley	1.15.90	Rochelle M Ollier	28-Jun-08	Macclesfield
200 Metres	Individual Medley	2.41.93	Katie Elizabeth Herd	26-Jan-02	Macclesfield
400 Metres	Individual Medley	5.36.72	Katie Elizabeth Herd	26-Jan-02	Macclesfield

<b>14 yrs</b>					
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Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	29.84	Sarah Elizabeth Mullings	09-Jul-06	City of Liverpool
100 Metres	Freestyle	1.04.69	Sarah Elizabeth Mullings	11-Nov-06	Salt Ayre
200 Metres	Freestyle	2.21.02	Sarah Elizabeth Mullings	07-Oct-06	Wirral Metro Open
400 Metres	Freestyle	5.04.62	Sarah Elizabeth Mullings	29-Jan-06	Macclesfield
800 Metres	Freestyle	12.01.61	Lauren Louise Mellor	25-Jun-10	Alsager MMU
1500 meters	Freestyle	21.11.92	Emily Jevons	10-May-09	Macclesfield
50 Metres	Back Stroke	35.4	Sarah Elizabeth Mullings	11-Feb-06	Sandbach Leisure Centre
100 Metres	Back Stroke	1.15.03	Sarah Elizabeth Mullings	18-Mar-06	Macclesfield
200 Metres	Back Stroke	2.38.68	Sarah Elizabeth Mullings	28-Jan-06	Macclesfield

50 Metres	Breast Stroke	40.33	Eva Pickup	12-Jan-13	Macclesfield
100 Metres	Breast Stroke	1.13.32	Sarah N Clarke	06-Nov-99	
200 Metres	Breast Stroke	3.15.57	Eva Pickup	01-Dec-12	Warrington
50 Metres	Butterfly	33.45	Katie Elizabeth Herd	05-Apr-03	Sandbach Leisure Centre
100 Metres	Butterfly	1.12.76	Katie Elizabeth Herd	14-Dec-02	Horwich
200 Metres	Butterfly	3.31.72	Lauren Louise Mellor	20-Jun-10	Alsager MMU
100 Metres	Individual Medley	1.15.54	Sarah Elizabeth Mullings	29-Apr-06	Buxton
200 Metres	Individual Medley	2.41.28	Sarah Elizabeth Mullings	11-Mar-06	Macclesfield Leisure Centre
400 Metres	Individual Medley	6.41.24	Lauren Louise Mellor	27-Jun-10	Alsager MMU
<b>15 yrs</b>					

Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	29.89	Sarah Elizabeth Mullings	17-Mar-07	Macclesfield
100 Metres	Freestyle	1.04.33	Sarah Elizabeth Mullings	25-Mar-07	Macclesfield
200 Metres	Freestyle	2.20.43	Sarah Elizabeth Mullings	18-Mar-07	Macclesfield
400 Metres	Freestyle	4.53.89	Sarah Elizabeth Mullings	17-Mar-07	Macclesfield
800 Metres	Freestyle	11.45.60	Emily Jevons	25-Jun-10	Alsager MMU
1500 meters	Freestyle	21.40.70	Emily Jevons	18-Jun-10	Alsager MMU
50 Metres	Back Stroke	35.32	Sarah Elizabeth Mullings	27-Jan-07	Macclesfield
100 Metres	Back Stroke	1.18.95	Leanne Mather	13-Dec-03	Salford
200 Metres	Back Stroke	2.39.40	Sarah Elizabeth Mullings	27-Jan-07	Macclesfield
50 Metres	Breast Stroke	37.71	Sarah Goddard	22-Nov-08	Winsford
100 Metres	Breast Stroke	1.28.08	Sarah N Clarke	02-Dec-00	
200 Metres	Breast Stroke	3.31.80	Jessica Porter	20-Jun-10	Alsager MMU
50 Metres	Butterfly	35.69	Leanne Mather	13-Apr-04	Sandbach Leisure Centre
100 Metres	Butterfly	1.11.59	Sarah Goddard	22-Nov-08	Winsford
200 Metres	Butterfly	3.17.16	Emily Jevons	20-Jun-10	Alsager MMU
100 Metres	Individual Medley	1.16.00	Sarah Elizabeth Mullings	28-Jan-07	Macclesfield
200 Metres	Individual Medley	2.41.19	Sarah Elizabeth Mullings	31-Mar-07	Macclesfield
400 Metres	Individual Medley	6.18.54	Emily Jevons	27-Jun-10	Alsager MMU
<b>16 yrs</b>					

Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	30.90	Leanne Mather	16-Jul-05	Winsford
100 Metres	Freestyle	1.02.39	Sarah Goddard	12-Sep-09	MMU Alsager
200 Metres	Freestyle	02:35.9	Sarah Peart	23-Jun-12	club champs
50 Metres	Back Stroke	35.69	Leanne Mather	16-Jul-05	Winsford
100 Metres	Back Stroke	1.17.23	Leanne Mather	09-Oct-04	Europa, Birkenhead
200 Metres	Back Stroke	02:53.5	Sarah Peart	23-Jun-12	club champs
50 Metres	Breast Stroke	41.09	Leanne Mather	21-May-05	Sandbach Leisure Centre
100 Metres	Breast Stroke	1.29.85	Sarah N Clarke	16-Sep-01	
200 Metres	Breast Stroke	3.22.08	Sarah Peart	23-Jun-12	club champs
50 Metres	Butterfly	33.46	Sarah N Clarke	26-Jan-02	Macclesfield
100 Metres	Butterfly	1.09.96	Sarah Goddard	12-Sep-09	MMU Alsager
200 Metres	Butterfly	3.37.09	Sarah Peart	23-Jun-12	club champs
100 Metres	Individual Medley	1.15.72	Leanne Mather	21-May-05	Sandbach Leisure Centre
200 Metres	Individual Medley	2.55.76	sarah Peart	23-Jun-12	club champs
<b>17 yrs</b>					

Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	29.64	Rochelle Ollier	29-Sep-12	macclesfield
100 Metres	Freestyle	1.03.38	Sarah Goddard	13-Nov-10	Arena League
200 Metres	Freestyle	2.28.65	Sarah Peart	01-Dec-12	Warrington
400 Metres	Freestyle	05:32.1	Emily Jevons	23-Jun-12	club champs
50 Metres	Back Stroke	36.08	Sarah Peart	12-Jan-13	macclesfield

100 Metres	Back Stroke	1.16.96	Leanne Mather	03-Dec-05	Bebbington
200 Metres	Back Stroke	02:47.8	Emily Jevons	23-Jun-12	club champs
50Metres	Breaststroke	40.75	Sarah peart	03-Mar-13	macclesfield
50 Metres	Butterfly	32.78	Rochelle Ollier	12-Jan-13	macclesfield
100 Metres	Butterfly	1.11.37	Sarah Goddard	13-Nov-10	Arena League
100 Metres	Individual Medley	1.11.87	Sarah Goddard	13-Nov-10	Arena League
200metres	Individual Medley	2.49.88	Sarah Peart	01-Dec-12	Warrington

## 18 yrs

Distance	Stroke	Time	Swimmer	Date	Venue
100 Metres	Freestyle	1.03.79	Casey Lee	15-Nov-03	Sandabch Leisure Centre
50 Metres	Back Stroke	40.44	Michelle Saltaire	19-May-01	
100 Metres	Back Stroke	1.13.03	Sarah Cleall-Harding	02-Dec-00	
50 Metres	Butterfly	35.46	Leanne Mather	30-Jun-07	Macclesfield
100 Metres	Butterfly	1.14.72	Casey Lee	15-Nov-03	Sandabch Leisure Centre
100 Metres	Individual Medley	1.14.31	Leanne Mather	23-Sep-06	Bebbington

## Open

Distance	Stroke	Time	Swimmer	Date	Venue
50 Metres	Freestyle	28.91	Casey Lee	17-Mar-07	Macclesfield
100 Metres	Freestyle	1.02.76	Casey Lee	25-Mar-07	Macclesfield
200 Metres	Freestyle	2.35.52	Emily Jevons	17-Jun-10	club champs
400 Metres	Freestyle	4.55.80	Casey Lee	28-Jan-07	Macclesfield
800 Metres	Freestyle	10.10.70	Casey Lee	13-Jan-07	Biddulph
1500 Metres	Freestyle	21.40.70	Emily Jevons	17-Jun-10	club champs
50 Metres	Back Stroke	36.74	Casey Lee	22-Sep-07	Birkenhead Europa pool
100 Metres	Back Stroke	1.11.29	Casey Lee	21-Mar-09	Macclesfield
200 Metres	Back Stroke	2.36.30	Casey Lee	27-Jan-07	Macclesfield
50 Metres	Breast Stroke	37.64	Helen S Crookes	18-Mar-06	Macclesfield
100 Metres	Breast Stroke	1.20.18	Casey Lee	21-Mar-09	Macclesfield
200 Metres	Breast Stroke	2.47.58	Helen S Crookes	25-Mar-07	Macclesfield
50 Metres	Butterfly	31.97	Emily williams	18-Jun-11	stockport
100 Metres	Butterfly	1.09.96	sarah Goddard	12-Sep-09	deva
200 Metres	Butterfly	3.17.16	Emily Jevons	17-Jun-10	club champs
100 Metres	Individual Medley	1.12.52	Casey Lee	11-Oct-08	Stretford Leisure Centre
200 Metres	Individual Medley	2.47.46	Helena walsh	17/06/2010	club champs
400 Metres	Individual Medley	6.18.54	Emily Jevons	17/06/2010	club champs