

Girls Long Course Record Holders

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| Distance | Stroke | Time | Swimmer | Date | Venue |
|---------------|---------------|-------|----------------|-----------|-----------------|
| 50 Metres | Freestyle | 35.59 | Emily Williams | 19-Mar-11 | Stockport Metro |
| 50 Metres | Back Stroke | 43.18 | Emily Williams | 19-Mar-11 | Stockport Metro |
| 50 Metres | Breast Stroke | 47.91 | Emily Williams | 19-Mar-11 | Stockport Metro |
| 50 Metres | Butterfly | 39.05 | Emily Williams | 19-Mar-11 | Stockport Metro |
| 10 yrs | | | | | |

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|---------------|---------------|-------|-----------------|-----------|-----------------------|
| 50 Metres | Freestyle | 34.29 | Eleanor Hesketh | 23-Sep-07 | Sheffiel Ponds Forge |
| 50 Metres | Back Stroke | 39.94 | Samantha Smith | 19-Mar-11 | Stockport |
| 50 Metres | Breast Stroke | 47.71 | Eleanor Hesketh | 23-Sep-07 | Sheffield Ponds Forge |
| 50 Metres | Butterfly | 43.62 | Samantha Smith | 19-Mar-11 | Stockport |
| 200metres | IM | | | | |
| 11 yrs | | | | | |

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|---------------|---------------|---------|-------------------|-----------|---------------------------|
| 50 Metres | Freestyle | 31.74 | Eleanor Hesketh | 21-Sep-08 | Ponds Forge |
| 100Metres | Freestyle | 1.11.92 | Emily Williams | 06-Oct-12 | Ponds Forge |
| 200Metres | Freestyle | 2.36.95 | Emily Williams | 06-Oct-12 | Ponds Forge |
| 50 Metres | Back Stroke | 37.11 | Eleanor Hesketh | 21-Sep-08 | Ponds Forge |
| 100 Metres | Back Stroke | 1.23.29 | Rochelle M Ollier | 10-Dec-06 | Manchester Aquatic Centre |
| 50 Metres | Breast Stroke | 42.40 | Eleanor Hesketh | 21-Sep-08 | Ponds Forge |
| 100Metres | Breast Stroke | 1.39.28 | Emily Williams | 06-Oct-12 | Ponds Forge |
| 200Metres | Breast Stroke | 3.36.07 | Emily Williams | 06-Oct-12 | Ponds Forge |
| 50 Metres | Butterfly | 37.16 | Emily Williams | 06-Oct-12 | Ponds Forge |
| 12 yrs | | | | | |

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|---------------|---------------|---------|------------------|-----------|-------------------------|
| 50 Metres | Freestyle | 33.08 | Stephanie Bell | 19-Mar-11 | Stockport |
| 100Metres | Freestyle | 2.00.00 | Bethany Willmott | 06-Oct-12 | Ponds Forge - Sheffield |
| 400Metres | Freestyle | 5.47.41 | Bethany Willmott | 06-Oct-12 | Ponds Forge - Sheffield |
| 50 Metres | Back Stroke | 37.02 | Megan Friel | 17-Sep-06 | Ponds Forge - Sheffield |
| 200Metres | Back Stroke | 2.57.76 | Bethany Willmott | 06-Oct-12 | Ponds Forge - Sheffield |
| 50 Metres | Breast Stroke | 45.54 | Megan Friel | 17-Sep-06 | Ponds Forge - Sheffield |
| 50 Metres | Butterfly | 38.42 | Megan Friel | 17-Sep-06 | Ponds Forge - Sheffield |
| 13 yrs | | | | | |

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| 50 Metres | Freestyle | 30.56 | Sarah Elizabeth Mullings | 26-Nov-05 | Sheffield Long Course |
| 100 Metres | Freestyle | 1.06.42 | Sarah Elizabeth Mullings | 26-Nov-05 | Sheffield Long Course |

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|---------------|---------------|---------|--------------------------|-----------|---------------------------|
| 50 Metres | Back Stroke | 37.52 | Beth Willmott | 13-Jul-13 | Manchester Aquatic Centre |
| 100 Metres | Back Stroke | 1.17.89 | Sarah Elizabeth Mullings | 26-Nov-05 | Sheffield Long Course |
| 50 Metres | Breast Stroke | 41.06 | Hannah Rebecca Mullings | 10-Dec-06 | Manchester Aquatic Centre |
| 100 Metres | Breast Stroke | 1.28.59 | Sarah Elizabeth Mullings | 26-Nov-05 | Sheffield Long Course |
| 50 Metres | Butterfly | 34.82 | Rachel Havelock | 10-Dec-06 | Manchester Aquatic Centre |
| 100 Metres | Butterfly | 1.27.01 | Frances Zoe Carson | 26-Nov-05 | Sheffield Long Course |
| 200Metres | IM | 2.59.24 | Beth Willmott | 13-Jul-13 | Manchester Aquatic Centre |
| 14 yrs | | | | | |

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| 50 Metres | Freestyle | 30.08 | Sarah Elizabeth Mullings | 04-Nov-06 | Manchester Aquatics |
| 100 Metres | Freestyle | 1.05.65 | Sarah Elizabeth Mullings | 10-Dec-06 | Manchester Aquatic Centre |
| 50 Metres | Back Stroke | 37.11 | Emily Jevons | 20-Sep-09 | Ponds Forge Sheffield |
| 50 Metres | Breast Stroke | 40.61 | Hannah Rebecca Mullings | 23-Sep-07 | Sheffield Ponds Forge |
| 100metres | Breast Stroke | 01:31.8 | Eva Pickup | 13-Jul-13 | Manchester Aquatic Centre |
| 50 Metres | Butterfly | 34.00 | Sarah Elizabeth Mullings | 17-Sep-06 | Finals |
| 100 Metres | Butterfly | 1.23.48 | Sarah Elizabeth Mullings | 10-Dec-06 | Manchester Aquatic Centre |
| 50 Metres | Freestyle | 30.08 | Sarah Elizabeth Mullings | 14-Oct-06 | Wreham Speedo |
| 15 yrs | | | | | |

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| 50 Metres | Freestyle | 30.21 | Sarah Elizabeth Mullings | 05-May-07 | Manchester Aquatic Centre |
| 100 Metres | Freestyle | 1.04.33 | Sarah Elizabeth Mullings | 24-Mar-07 | Stockport |
| 50 Metres | Back Stroke | 37.69 | Sarah Elizabeth Mullings | 23-Sep-07 | Sheffield Ponds Forge |
| 16 yrs | | | | | |

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| 50metres | Freestyle | 31.8 | sarah peart | 13/07/2013 | manchester |
| 100metres | Freestyle | 1.06.17 | Rochelle Ollier | 06/10/2012 | Ponds Forge |
| 50metres | Backstroke | 29.83 | Rochelle Ollier | 06/10/2012 | Ponds Forge |
| 100metres | Backstroke | 1.21.66 | sarah peart | 13/07/2013 | manchester |
| 50metres | breaststroke | 41.5 | sarah peart | 13/07/2013 | manchester |
| 50metres | Butterfly | 33.51 | Rochelle Ollier | 06/10/2012 | Ponds Forge |
| 17 yrs | | | | | |

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| 50 Metres | Freestyle | 31.54 | Leanne Mather | 17-Sep-06 | Ponds Forge - Sheffield |
| 50 Metres | Back Stroke | 36.94 | Leanne Mather | 17-Sep-06 | Ponds Forge - Sheffield |
| 100 Metres | Back Stroke | 1.21.74 | Leanne Mather | 10-Dec-06 | Manchester Aquatic Centre |
| 50 Metres | Breast Stroke | 41.77 | Leanne Mather | 17-Sep-06 | Ponds Forge - Sheffield |
| 50 Metres | Butterfly | 34.81 | Leanne Mather | 17-Sep-06 | Ponds Forge - Sheffield |
| 100 Metres | Butterfly | 1.20.70 | Leanne Mather | 10-Dec-06 | Manchester Aquatic Centre |
| 18 yrs | | | | | |

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|----------------|-------------------|---------|-----------------|-----------|---------------------------|
| Distance | Stroke | Time | Swimmer | Date | Venue |
| 100 Metres | Freestyle | 1.07.91 | Casey Lee | 10-Dec-06 | Manchester Aquatic Centre |
| 100 Metres | Breast Stroke | 1.22.78 | Helen S Crookes | 10-Dec-06 | Manchester Aquatic Centre |
| 50 Metres | Breast Stroke | 37.24 | Helen S Crookes | 24-Mar-07 | Stockport |
| 100 Metres | Individual Medley | 2.44.53 | Casey Lee | 10-Dec-06 | Manchester Aquatic Centre |
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